



St. Michael's Episcopal Day Preschool
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Potty Training Agreement

Dear Families,

Potty training is an exciting time for you and your child. We have found throughout our experience, that if your child is ready to master potty training, it will only take a few weeks. If it takes longer, they may not be ready and we may want to try it again a little later. We want this to be a successful time in your child's life, not a frustrating one for all. We know that in order for this to be successful we need to partner together for your child's best interest.

The following are a few of the signs we see when your child may be ready to potty train:

- Shows an interest in the toilet
- Can recognize when their diaper is wet or soiled.
- Stays dry for a long period of time
- Can undress and pull up his/her own pants
- Wants to be independent
- Can use consistent words or gestures to communicate.
- Can try to wipe themselves.

Once your child stays dry for several hours and uses the toilet on their request, it's time to start!

St. Michael's staff will agree to:

- Encourage, support and praise all success that your child achieves during their potty training experience.
- We will expect accidents and treat them as teachable moments. We will watch for and identify signals that may help us make it on time next time as well as encourage children to be independent in changing their own clothes.
- We will take children to the bathroom at regularly scheduled times during each day and on demand when necessary.

- Communicate to parents daily regarding our bathroom experiences. This communication will come in a way as a personal conversation or writing on the child's daily note.
- Commit up to 1 month to the process of potty training unless parents inform us that the experience is not able to be a positive one at this time.

Parent's agree to:

- Provide at least 3 changes of clothes, including pants, underwear and socks ***daily***. Please have an extra pair of shoes in their cubby as well. Soiled clothing will go in the child's cubby to be taken home.
- ***Have their child wear elastic waist clothes.*** No buttons, snaps, belts, or one piece clothing. Leggings, sweat pants and elastic waist pants are best. No dresses for girls, it's hard to coordinate holding up the dress and sitting on the toilet at the same time. The children should be able to easily pull up and down their own clothing.
- Potty training should begin at home the weekend before we start the process at school. We ask that underwear rather than pull-ups be worn, as pull ups don't let the child "feel" wet.
- Provide diapers for nap time.
- St. Michael's is a no pull-up school.

We will communicate with the family as to how potty training is going. We will potty train for a period of 3-4 weeks and then assess how the child is doing. If we are not feeling that the child is ready, we will put them back into diapers and try again at a later date. If the child is ready, it should only take a few weeks!

When this signed agreement is returned, we will start the potty training process here at school.

St. Michael's Staff

Parent Signature

Child's Name

Date