

# St. Michael's Preschool Newsletter

## September 2026

### Upcoming Events

#### Chapel

Every Tuesday

9:30am- Busy Bee, Dragonfly and Llama and Cub classes

10:00-Ducklings, Sea Turtle and Piglets

### Special Events this Month

#### Sept 2

Back to School Night for Ducks, Sea Turtles, Cubs, Piglets and Llamas  
@6:30

#### Sept 7

Closed for Labor Day

### Looking Forward to Next Month

#### Oct 9

All School Field Trip to Smith Family Farm

#### Oct 12<sup>th</sup>

Closed for Indigenous American Day

#### Oct 30

Halloween Festival

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### Colleen's Corner

Welcome to September!

August flew by! We said good-bye to some of our old friends and welcomed in many new friends. Happy to report everyone is settled in, getting adjusted to their new routines and making new friends!

This month we will host our preschool Back to School night on Sept 2<sup>nd</sup>. A chance to learn about the goals for the year, ask teachers questions and look around the classroom. We will be providing child care but you must sign up in advance. Sign ups will be on the wall to the left of the sign in and out table.

This month is a bit of a quiet month, settling in, learning routines, and just getting a good strong start to the school year. It's the calm before the storm of the next few months! Looking to the end of 2026, we have our Smith Family Farm Field Trip scheduled for Oct. 9. This is an all-school field trip that does require parents to attend. It's probably the most fun you'll ever have, and a wonderful way to meet all the other families. More info out mid Sept, but mark your calendars now! We have our Halloween Festival on Oct 30 and we would love parent volunteers for the event. It will be between 10-11:30 on Friday, Oct 30<sup>th</sup> and we will have sign-ups posted mid Oct. We will have our Annual Halloween Parade before the festival and all are welcome to attend.

Thank you to all for a great start to our school year! As a reminder we are closed for Labor Day, Sept 7<sup>th</sup>.

Until next month,

Ms. Colleen



## Busy Bees

Dear Busy Bee Families,

I would like to welcome all of you to the Pre-K Busy Bees. I am so excited to have your child in my class this year!

During the month of September, I will be introducing school routines while fostering their social and language skills. This will help to create a warm and nurturing classroom environment. At this time your child will be making new friends and getting comfortable in their new classroom.

There will be many learning opportunities that include expressing their needs, developing fine motor skills, using their imagination, and utilizing table manners as in "please" and "thank you." All of this while having fun!

Our themes for September are Welcome Week, All About Me, Fire Safety, and School Safety.

If you have any questions or concerns, please feel free to ask. Looking forward to a wonderful year with you and your child!

Love,  
Ms. Diana



## Lovely Llamas

Dear Llama Families,

August was a wonderful start to our new school year in the Llama Class! The children have been busy getting to know their classroom, learning our daily routines, practicing classroom expectations, and making new friends. We have spent lots of time exploring our learning centers, reading stories, creating art, and learning how to be kind, helpful members of our classroom community. It has been so exciting watching everyone become more comfortable and confident in their new environment!

In September, we will continue building our classroom community while exploring lots of fun learning opportunities. We will begin working on letter recognition through songs, stories, games, and hands-on activities. We will enjoy simple science experiments that encourage curiosity, observation, and asking questions. We will also have plenty of opportunities for creative art projects that allow the children to explore different materials, colors, and techniques. We are looking forward to a fun-filled month of learning, creating, discovering, and growing together in the Llama Class!

-Ms. Franie

## Dynamic Dragonflies



Dear Dragonfly Families,

What a wonderful start to our school year! These first few weeks have been all about getting to know one another, building our classroom community, and learning what it means to be a Dragonfly. It has been so much fun watching the children make new friends, explore their classroom, and become more comfortable each day. We are also beginning to get the hang of our daily routines. The children are really starting to know what comes next, and it has been wonderful to see their growing independence and confidence. From morning routines to cleanup time and everything in between, they are becoming such a special little classroom family!

We have introduced Handwriting without Tears and are learning the foundations that will help prepare the children for writing. This month, we will begin working on letters!

One of my favorite times of the year is just around the corner, fall! There is something so exciting about the changing season, and I can't wait to experience it with our Dragonflies. We will be exploring the sights, sounds, colors, and traditions of fall through stories, art, sensory experiences, and lots of hands-on learning.

Love,  
Ms. Keri



## Cub Central



Dear Cub Families,

The first two weeks of school are officially in the books, and what a wonderful start it's been! In August, we welcomed new & returning students, built new friendships and started learning our names, shapes & colors through fun, hands-on activities.

As we head into September, we're excited to dive into a new theme: Community Helpers & Safety. We will be learning about the many people who help make our neighborhoods safe, clean & healthy- like firefighters, doctors, waste management drivers and more. We'll also begin important conversations about everyday safety, including how to make safe choices at school and at home. Another key focus this month is Whole Body Listening- a skill that helps children understand how to use their eyes, ears, brains & bodies to become active, respectful listeners.

Looking forward to a fun-filled month of discovery & growth!

Love, Ms. May



## Sea Turtle Times

Hello Sea Turtle Families!

Welcome to all of our new families and new Sea Turtles! I'm very excited for this year. Thank you so much for all the wonderful items from our wish list. We are loving our new additions, and I'm especially excited to incorporate lots of sensory and art activities this year!

As we explore the month's theme, we'll enjoy apple art projects, taste different kinds of apples, and apple themed dramatic play. These activities will give the children opportunities to explore their creativity, practice language and social skills, and learn through hands on experiences.

We hope to see everyone at Back-to-School Night on September 2nd at 6:30 p.m.

Have a great month!

Love,  
Ms. Kittie

## Piglet Place



Happy September, Piglet Families!

What a great start to the school year we've had! It's been wonderful watching all the Piglets settle into their new classroom, routines, and friendships. They've adjusted so well, and I'm really proud of the flexibility and understanding they've shown themselves and each other.

We've got a lot planned for September. This month, we'll be focusing on community helpers and talking about the different ways people support one another in a community. We'll also be introducing the concept of whole-body listening — helping the kids understand what active, attentive listening looks like.

A few things to keep in mind:

- September 2nd is our Preschool Back to School Night. A sign-up sheet will be posted on the bulletin board by the school sign-in area.
- The school will be closed September 7th for Labor Day.
- Please check your child's cubby and restock spare clothing if it's running low.
- Be sure to check your child's student folder by the classroom door regularly.

Thank you, as always, for your support this year — it really does make a world of difference!

Love,  
Ms Charlotte



## Duckling Details

Hello Duckling families,

August has been such a busy month. So many new ducklings have joined us. All of them are exceeding expectations and have been adjusting to new faces and new routines really well. We also got to do a couple of adorable art projects with painting our names and making duckling handprints! Be sure to check art files at the beginning of each month and take home your child's beautiful work!

September is going to be largely focused on all things Fall! We've got a lot of apple activities planned as well as leaf sensory and a leaf hunt. It's going to be so much fun!

Looking forward to enjoying the new school year with you!

Lots of love ~ Ms. Jennifer & Ms. Maria

# September Lunch Menu



|  | Monday                                                             | Tuesday                                                              | Wednesday                                                  | Thursday                                                                      | Friday                                                                   |  |
|--|--------------------------------------------------------------------|----------------------------------------------------------------------|------------------------------------------------------------|-------------------------------------------------------------------------------|--------------------------------------------------------------------------|--|
|  |                                                                    | 1<br>Chicken and Pasta<br>Bake<br>Green Beans<br>Fresh Pears<br>Milk | 2<br>Taco Salad<br>Cornbread<br>Watermelon<br>Milk         | 3<br>Pasta with Meat<br>Sauce<br>Green Beans<br>Apples<br>Milk                | 4<br>Turkey and Cheese<br>Sandwich<br>Veggie Sticks<br>Bananas<br>Milk   |  |
|  | 7<br><b>Closed for<br/>Labor Day</b>                               | 8<br>BBQ Chicken Sliders<br>Corn<br>Pineapple<br>Milk                | 9<br>Beenie Weenies<br>Wheat Bread<br>Oranges<br>Milk      | 10<br>Mac and Cheese<br>Peas<br>Watermelon<br>Milk                            | 11<br>Bean and Cheese<br>Burrito<br>Salad<br>Peaches<br>Milk             |  |
|  | 14<br>Pasta with Meat<br>Sauce<br>Green Beans<br>Mandarins<br>Milk | 15<br>Teriyaki Chicken<br>and Rice<br>Peas<br>Oranges<br>Milk        | 16<br>Enchilada<br>Casserole<br>Salad<br>Pineapple<br>Milk | 17<br>Meatball Sliders<br>Corn<br>Pears<br>Milk                               | 18<br>Taco Salad<br>Tortillas<br>Sliced Apples<br>Milk                   |  |
|  | 21<br>Spanish Rice<br>Corn<br>Mandarins<br>Milk                    | 22<br>Chili Mac<br>Apples<br>Milk                                    | 23<br>French Bread<br>Pizza<br>Garden Salad<br>Bananas     | 24<br>Tostadas with Meat<br>and Cheese<br>Garden Salad<br>Fresh Pears<br>Milk | 25<br>Meatballs and<br>Mashed Potatoes<br>Green Beans<br>Peaches<br>Milk |  |
|  | 28<br>Orange Chicken<br>with Rice<br>Peas<br>Pineapple<br>Milk     | 29                                                                   | 30                                                         |                                                                               |                                                                          |  |



# September Snack Menu

|  | Monday                                                                                   | Tuesday                                                                                | Wednesday                                                                    | Thursday                                                                            | Friday                                                                                                    |  |
|--|------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|--|
|  |                                                                                          | 1<br>Raisin Bread and Applesauce<br><br>Cheez Its and Pears                            | 2<br>English Muffin with cheese and Cuties<br><br>Cheese Zombies             | 3<br>Pancakes and Pears<br><br>Wheat Thins with Cheese and Salame                   | 4<br>Yogurt and Fresh Fruit<br><br>Trail Mix and Cheese                                                   |  |
|  | 7<br><b>Closed for Labor Day</b>                                                         | 8<br><br>Waffles and Apples<br><br>Granola Bar and Oranges                             | 9<br><br>Blueberry Muffins and Oranges<br><br>Cinnamon Pita Chips and Pears  | 10<br><br>Yogurt and Berries<br><br>Graham Crackers and Bananas                     | 11<br><br>Blueberry Muffins and Apple Slices<br><br>Cheese Quesadillas                                    |  |
|  | 14<br><br>Waffles with Pears<br><br>String Cheese and Apples                             | 15<br><br>Yogurt and Apples<br><br>Trail Mix and Fresh Fruit                           | 16<br><br>Cheesy English Muffins<br><br>Belvita and Fresh Fruit              | 17<br><br>French Toast Sticks and Peaches<br><br>Ritz and Salame and Cheddar Slices | 18<br><br>Breakfast Bar with Blueberries and Strawberries<br><br>Veggie Sticks with Ranch and Wheat Thins |  |
|  | 21<br><br>Multi Grain Bar and Oranges<br><br>Trail Mix with Strawberries and Blueberries | 22<br><br>Bagels with Cream Cheese and Fruit<br><br>Wheat Thins with Cheese and Salame | 23<br><br>Pancakes with Applesauce<br><br>Pita Chips and Hummus with Veggies | 24<br><br>Blueberry Muffins and Bananas<br><br>Cheez Its and Pears                  | 25<br><br>Cheerios and Milk<br><br>Yogurt with Fresh Fruit                                                |  |
|  | 28<br><br>Oatmeal and Milk<br><br>Cheese Quesadillas                                     | 29<br><br>Oat Bran Muffins and Bananas<br><br>Bean and Cheese Dip with Corn Chips      | 30                                                                           |                                                                                     |                                                                                                           |  |

